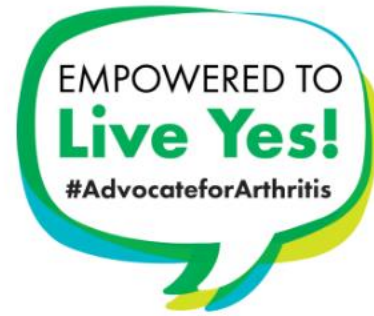




Arthritis Foundation: Prior Authorization & Patient-Centered Care

BARRIERS TO A PATIENT-CENTERED IDEAL MODEL OF CARE

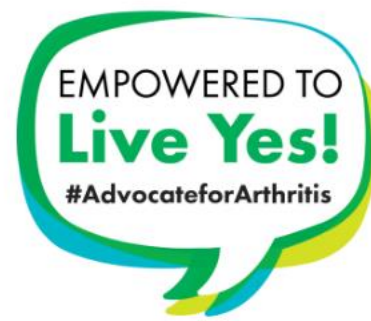
- In 2023 the Arthritis Foundation formally launched a multi-year project called **Ideal Model of Care** with the goal of addressing barriers patients face in achieving their optimal health care.
 - 3,500+ survey responses from patients, focus groups, expert interviews to better understand challenges
 - **Prior authorization was reported as a top barrier for patients.**
- In a separate survey in 2023 on utilization management:
 - **37% of Arthritis Foundation-affiliated patients reported having to go through prior authorization every plan year for at least the previous five years.**
 - **While most patients waited one or two days for a response to their appeal, over 31% of patients reported having to wait over seven business days for any response from their insurer.**



bit.ly/IdealModelofCare

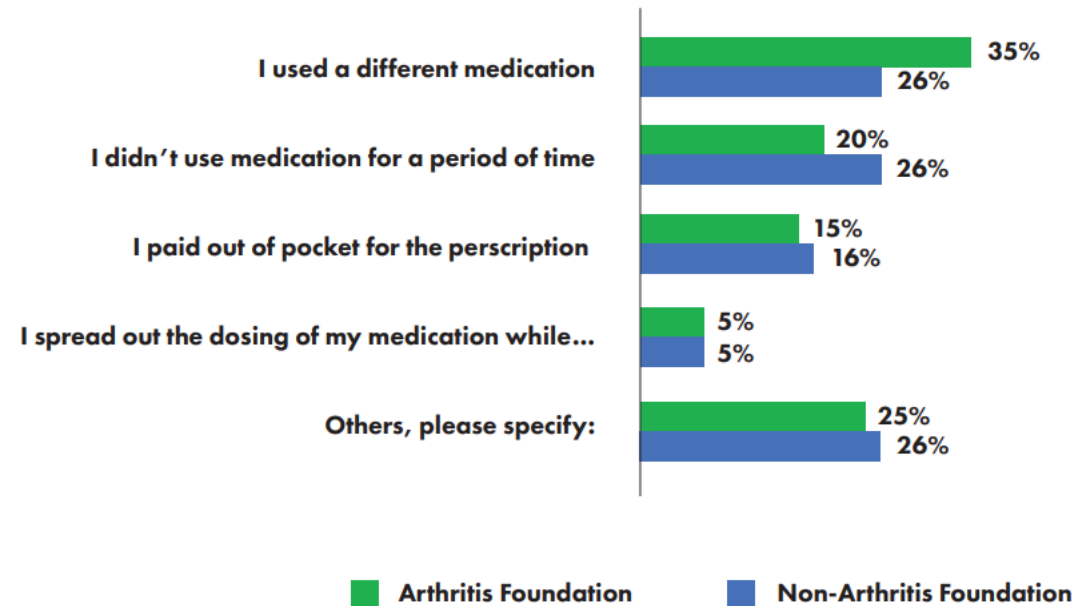
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BARRIERS TO A PATIENT-CENTERED IDEAL MODEL OF CARE



- As a result of an unsuccessful prior authorization appeal, most patients had to switch to another medication.
- Nearly a quarter did not use any medication for a period of time.
- About 15% paid out of pocket for their prescription, while others spread out the dosing of their medication while waiting for an appeal decision.
- For patients living with arthritis, it can take months or even years to find a treatment that works. Interruptions can result in negative health consequences such as progression of disease and patients may miss work or become permanently disabled as a result.

RESULT WHEN THE APPEAL WAS UNSUCCESSFUL



bit.ly/AFPriorAuth

STATE COALITION EFFORTS



Patient-centered components for Prior Authorization reform:

- Prioritize continuity of care for patients
- Ensure timely access & administrative efficiency
- Require transparency for appeals & exemptions



saimcoalition.org

Formal coalition with patient advocacy and provider organizations and pharmaceutical companies to advance state policies that improve patient access to innovative medicines.



Thank You!

Questions?



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