

# Prescription Drug Affordability Boards: Current Landscape and Future Trends

April 25, 2025

**CRA** Charles River  
Associates

# Speaker



## Laura Jenkins, PhD

- Senior Associate in the **Life Sciences** practice at **Charles River Associates**, a global economic consultancy with 200+ LS consultants
- Ph.D. in Political Science, Syracuse University – Maxwell School
- Specializes in U.S. healthcare policy and litigation.



**Policy Team at CRA:** Published analyses on implications of the Inflation Reduction Act's Medicare Drug Price Negotiation Program on patients and access to innovation.



**Litigation Team at CRA:** Assisted on expert reports and economic analyses in antitrust, anti-steering, price fixing, commercial disputes, and intellectual property litigation in the United States, Canada, and international arbitrations.

# The Pharmaceutical Industry: Background

## The pharmaceutical industry is unique in a number of ways:



**Innovative products** that are costly to develop.

**High Cost:** Cost to develop a drug is between **\$300 million to \$4.5 billion**.

**High Risk:** Risk of a drug candidate failing during development is **90%**.



**Pricing decisions** are not made by consumers.

**Numerous actors** (insurers, PBMs, governmental actors) help **determine drug pricing**.

**Patient choices not the primary driver** of the list prices of pharmaceutical products.



Significant impact on **patient quality of life**.

Innovation in the pharmaceutical industry can **significantly improve the quantity and quality of patient's lives**.

**Value** in the pharmaceutical industry is multi-faceted: **benefiting patients, health care sustainability, and the economy**

# The Pharmaceutical Industry: Emerging Challenges



## Paying for innovative products.

Increasing **costs of covering innovative products for insurers.**

Increasing **out-of-pocket costs for patients.**



**Pricing decisions** are increasingly being made by **governmental actors.**

**Federal level:** Inflation Reduction Act's Medicare Drug Price Negotiation Program

★ **State level:** Prescription Drug Affordability Boards

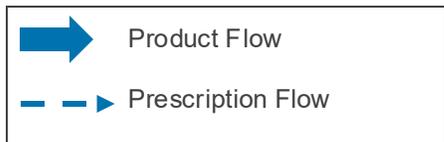
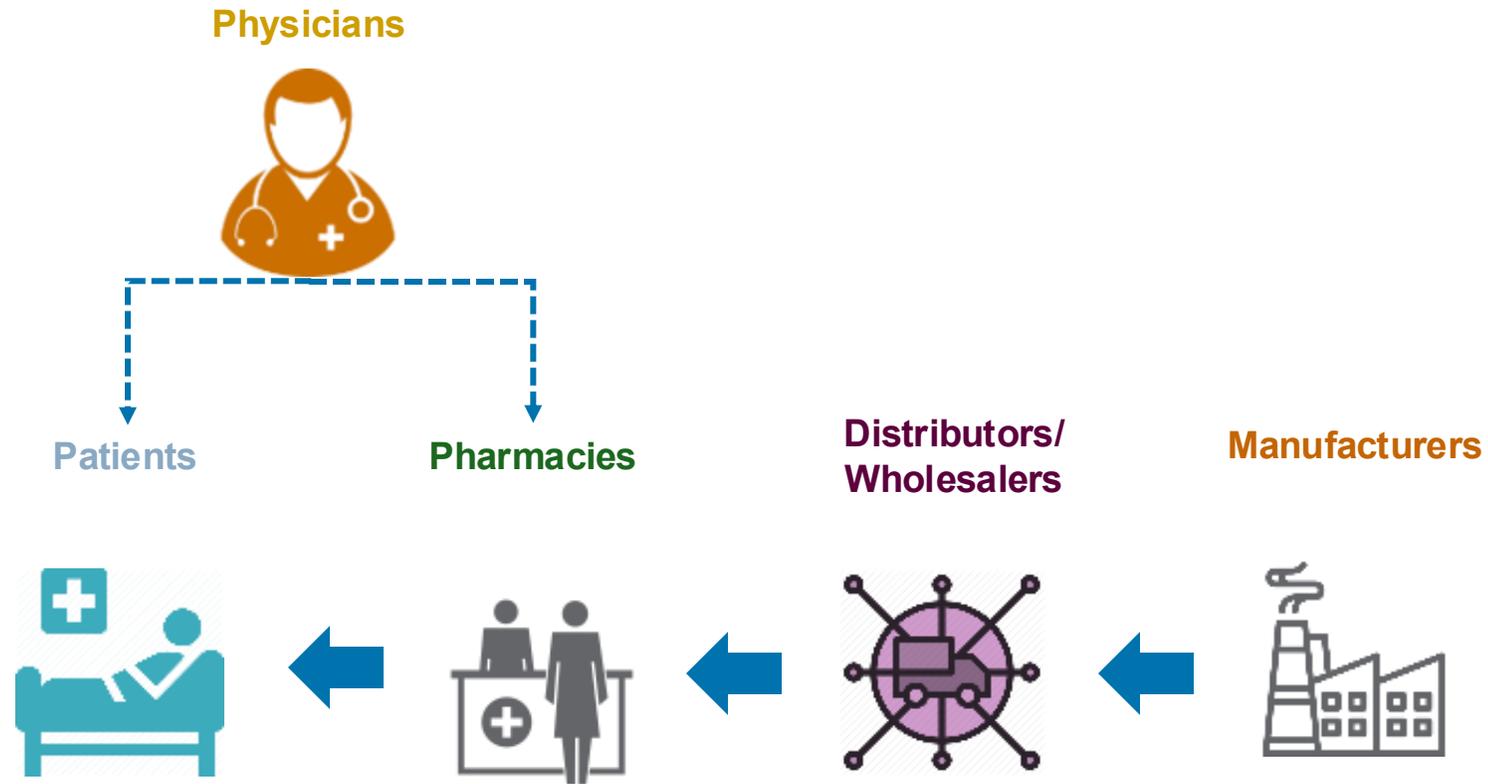


## Today's Agenda:

**Key policy changes** at the state level, specifically **state prescription drug affordability boards (PDABs)**, designed to address the increasing costs of innovative products.

- **PDABs: Current Landscape and Future Trends**
- **Implications for Patient Affordability and Access**

# Background: Flow of Products in the Pharmaceutical Industry



# Background: Flow of Payments in the Pharmaceutical Industry



## Physicians

- Reimbursed by health plans & patient cost sharing for visit costs

## Insurers, Pharmacy Benefit Managers, and Government Health Plans

- Pay pharmacy pre-negotiated or administratively set price for covered patients
- May have an in-house mail-order pharmacy
- Negotiate rebates in exchange for formulary placement with **manufacturers**

## Distributors / Wholesalers

- Pay manufacturers for product
- Provide and charge back manufacturer discounts to pharmacies
- Purchases product at WAC, typically less a prompt pay discount and any distribution fees.

Co-payments to Pharmacy



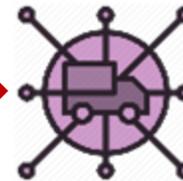
## Patients

- Pays premium to insurer
- Pay cost-sharing (or full price) to pharmacy
- May receive manufacturer assistance towards payment (e.g., copay cards)



## Pharmacies

- Pay wholesalers for product
- Receive discounts from manufacturers (including via wholesalers)



## Manufacturers

- Set a wholesale price for the product
- Collect net price due to discounts and rebates

 Payment Flow

# Prescription Drug Affordability Boards: Who They Are

## Prescription Drug Affordability Boards:



**Independent state bodies** created by state legislation and appointed by the governor and other state officials (state representatives, AG, etc.).



Made up of experts in healthcare economics who **analyze drug costs and suggest ways to lower state/consumer spending.**



**First PDAB created in 2019** and the scope of their authority and objectives are **still evolving.**

## Composition:



**Voting Members:** Appointees with backgrounds in healthcare economics, clinical medicine, or pharmaceutical policy.



**Advisory/Stakeholder Councils:** Many PDABs have non-voting councils that provide technical assistance and patient insights, but do not have official decision-making power. Often includes representatives from patient advocacy groups.

**PDABs differ significantly between states in objectives, evaluation criteria, and scope.**

# Prescription Drug Affordability Boards: Stated Purpose



**Affordability Reviews:** Review cost of prescription drugs to assess affordability for patients and insurers.

- **Select Drugs for Affordability Review:** Involves consideration of numerous factors, including **drug pricing** (including patient out-of-pocket costs), publicly available data, and public/**patient input**.



**Recommendations:** Provide recommendations to state legislatures on strategies to reduce prescription drug spending.



**Negotiation:** Engage in negotiations on prescription drug pricing with pharmaceutical companies, which may include negotiating Medicaid supplemental rebates.



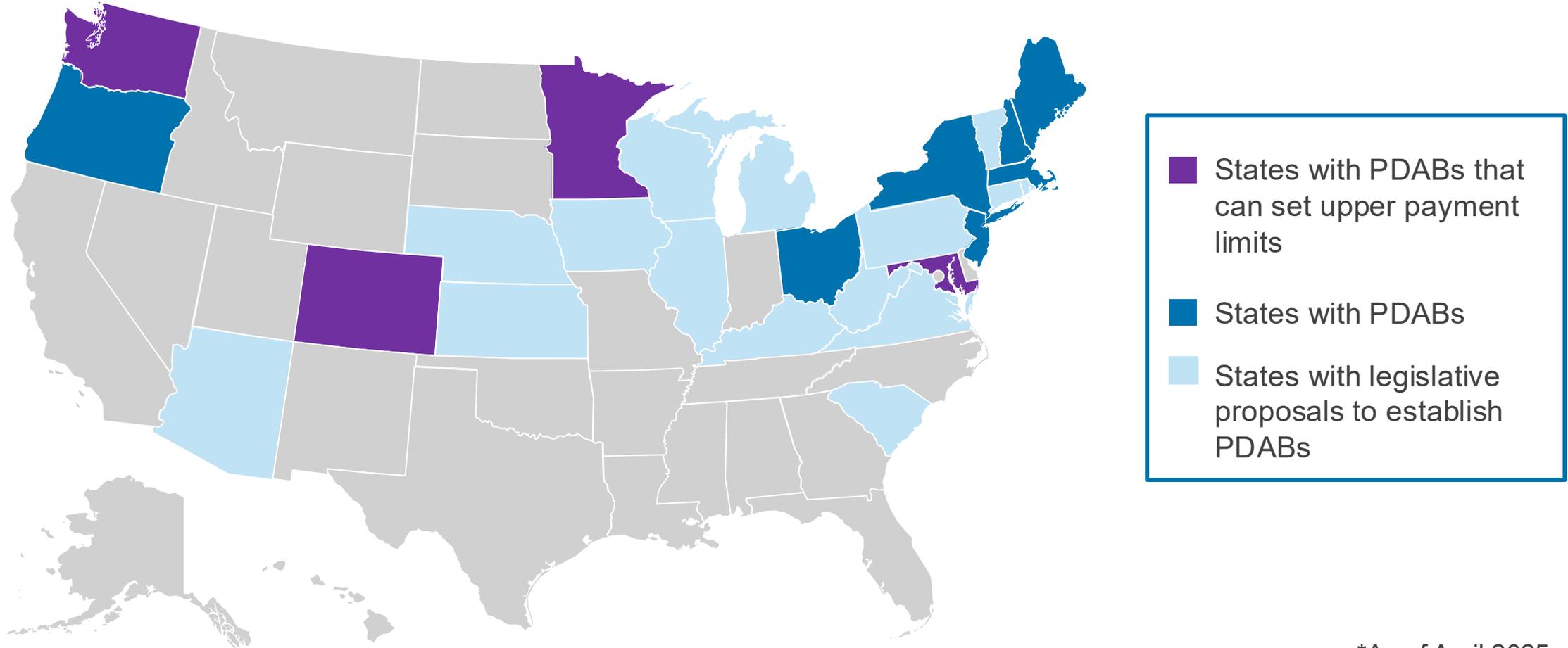
**Set Upper Payment Limits:** Set reimbursement limits on what certain payers within a state will pay for selected medicines.



## PDABs have significant discretion:

- Some enabling state legislation does not specify selection or review criteria.
- No states explicitly define “affordable” or “affordability challenge.”

# Prescription Drug Affordability Boards: Current Landscape\*



\*As of April 2025.

**Source:** Allmon, Tracy Baroni, Rebecca Roman, and Charlotte Hanby, "Prescription Drug Affordability Boards (PDABs)," Magnolia Market Access, March 25, 2025, <https://www.magnoliamarketaccess.com/prescription-drug-affordability-boards-pdabs/>.

# Prescription Drug Affordability Boards: Upper Payment Limits



## Upper Payment Limits

**Upper Payment Limits:** Ceiling price on reimbursement for selected drugs.

**Where:** Colorado, Maryland,\*\* Minnesota, and Washington (Oregon\*\*\*)

**Application:** All consumers in the state\*

**Number of Drugs:** Up to 12 drugs/yr (Colorado can select up to 18 drugs)



## “High Cost” Drugs

**“High Cost” Drugs** (Colorado/Maryland):

- Branded drugs with a Wholesale Acquisition Cost (WAC) of \$30,000+/year



## Litigation

Litigation challenging the constitutionality of the Colorado PDAB and the authority to set UPLs was **recently dismissed**



PDABs are likely to face **continued litigation**, especially once states begin **setting UPLs**

Dismissal of the case is likely to **encourage more legislative activity around PDABs**

\*Excluding enrollees in self-funded plans that elect not to participate. \*\*Legislation pending to expand UPL to all consumers in the state.

\*\*\*Oregon PDAB submitted report in November 2024 on potential approaches and methodologies for establishing UPLs.

# Prescription Drug Affordability Boards: Selected Drugs



## Colorado

- **Enbrel** (Rheumatoid Arthritis)
- **Cosentyx** (Psoriatic Arthritis)
- **Stelara** (Crohn's)
- **Genvoya** (HIV)
- **Trikafta** (Cystic Fibrosis)\*

\*Rare disease drug



## Maryland

- **Skyrizi** (Plaque Psoriasis)
- **Farxiga** (Diabetes)
- **Jardiance** (Diabetes)
- **Ozempic** (Diabetes)
- **Trulicity** (Diabetes)
- **Biktarvy** (HIV)
- **Dupixent** (Asthma)
- **Vyvanse** (ADHD)



## Patient Impacts



Selected therapeutic areas include **autoimmune diseases, diabetes, and HIV.**



Some states exempt **rare disease drugs** from affordability review, given the concerns over patient access to treatment.

# PDAB Economics: Patient Affordability and Access



## Affordability Concerns for Patients

Unless the PDAB imposes limits on patient out-of-pocket (OOP) payments, **patients may not realize the savings associated with UPLs.**

For patients to realize the savings associated with UPLs:

-  Patient's OOP payments must be based on UPL (depends on patient's plan)
-  Patient's PBM would have to move the drug with a UPL to a lower formulary tier with a reduced OOP burden (depends on patient's formulary)



## Access Concerns for Patients

### Access Today:

Given the complexity of the pharmaceutical supply chain, there a **risk that patients would not have access** to selected drugs.

-  If a retail pharmacy's distributor/wholesaler is located out of state, will they be able to purchase the drug at the UPL?
-  If a drug is physician administered, will physicians be able to purchase these drugs at discounted prices through "buy and bill"?

### Access Tomorrow:

-  How will **innovation** in therapeutic areas, especially in **rare disease**, selected for UPLs be impacted?

# Prescription Drug Affordability Boards: Conclusion



## Takeaways

**PDABs differ significantly between states** in objectives, evaluation criteria, and scope.

**PDABs have significant discretion** over the selected drugs and review process.



## Upper Payment Limits

There is **significant uncertainty surrounding UPLs**



### Litigation

- It is **very likely that UPLs will face litigation**, but it is unclear whether UPLs will survive litigation.



### Patient Impact

- It is unclear whether a UPL will reduce patients' OOP.
- UPLs have the potential to **impact patient access today** and could **impact future innovation** within a therapeutic area, especially in **rare disease**.

Thank You.

## Contact Info:



Laura Jenkins, PhD

[ljenkins@crai.com](mailto:ljenkins@crai.com)