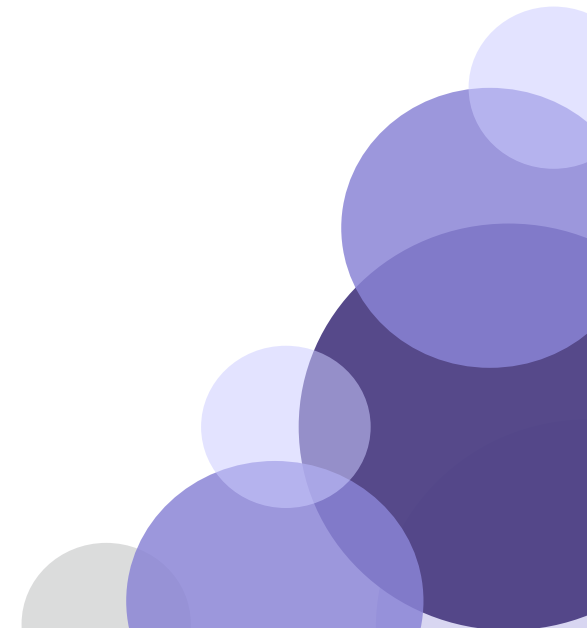




NATIONAL  
**GOVERNORS**  
ASSOCIATION

# 2022-2023 NGA Chair's Initiative to Strengthen Youth Mental Health and Wellbeing



# What is the National Governors Association?

## Founding

The May 1908 meeting of President Theodore Roosevelt and governors led to the creation of the National Governors Association.



## The Center for Best Practices

14 program areas to support Governors' policy priorities



**2023-2024 Chair**  
Utah Governor  
Spencer Cox

## Government Affairs

Represents the voice of all 55 Governors to the federal government



**2023-2024 Vice Chair**  
Colorado  
Governor Jared  
Polis

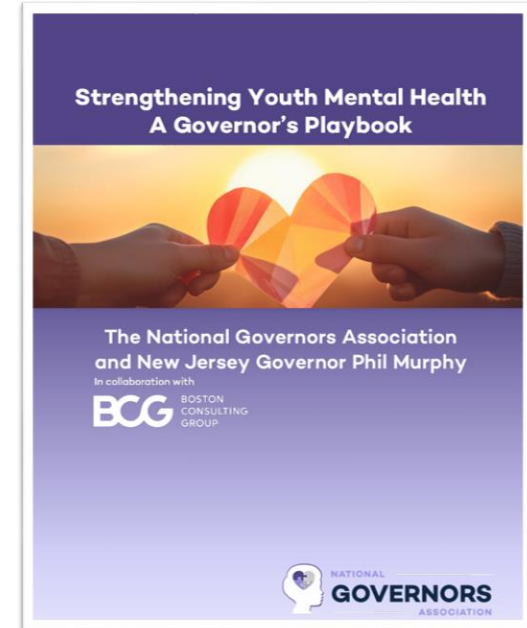
# Chair's Initiative to Strengthen Youth Mental Health



**2022-2023 Chair**  
New Jersey Governor  
Phil Murphy

## Four Pillars:

1. Prevention and resilience
2. Reducing stigma and increasing awareness
3. Ensuring access and affordability of quality treatment and care
4. Training and supporting caregivers and educators

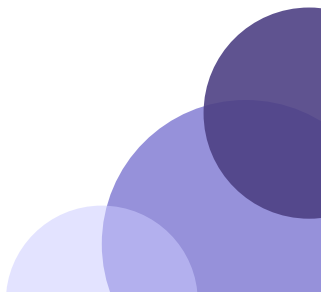


- 13 policy priorities across the 4 pillars
- 34 opportunities within the priorities
- 100+ state examples of actionable steps

# Who did we bring to the table?

- Governors and state advisors
- Nonprofit and philanthropic thought leaders
- Private sector stakeholders: service providers, insurers, consultants
- Federal agencies
- Youth

# What did we learn?

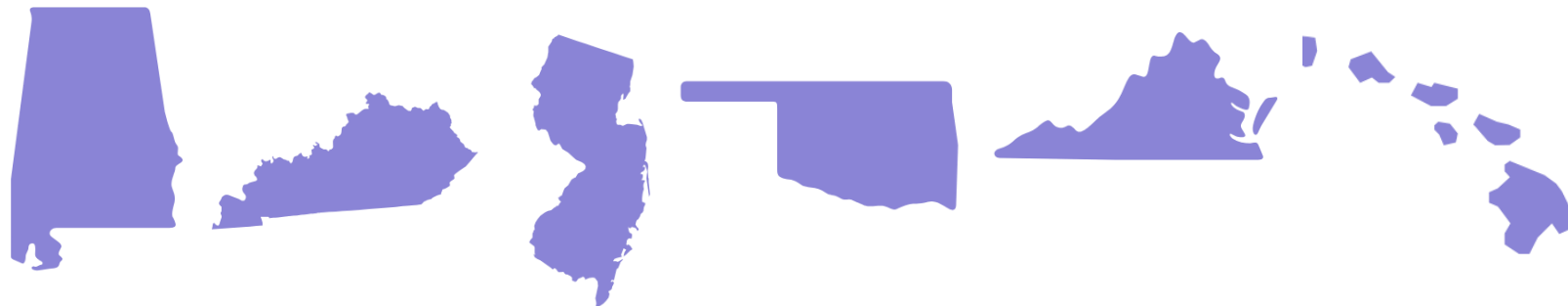




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**2024 Youth Mental Health Policy Academy**