



Using Evidence Based Formularies to Improve Outcomes



March 16, 2019

Ken Eichler; Vice President
Government Affairs
ODG by MCG Health
kenneth.eichler@mcg.com
917-270-3921



HEARST



DISCLOSURE OF EMPLOYMENT & EMPLOYER For Kenneth Eichler, VP Government Affairs

- ODG is most widely used workers' comp guideline in world today, adopted in more states than any
- "The only way to achieve real & lasting cost-savings is through the delivery of quality and timely care"
- ODG acquired by MCG Health, a Hearst Health Company, in January 2017 and rebranded as ODGbyMCG
- MCG care strategies used by eight of the largest health plans, nine of 10 largest comp payers, and more than 1,600 hospitals; impacting over 200 million covered lives
- Sister companies include: Zynx, FDB (First Databank), HomeCare HomeBase, MedHOK, and Map of Medicine
- Mission: To guide most important care decisions by delivering vital information into the hands of everyone who touches a person's health journey



Work Comp Formularies & Guidelines

“DO NO HARM” While Improving Quality of Care & Outcomes

- Improving the way opioids are prescribed through clinical practice guidelines can ensure patients have access to safe, effective treatment while reducing the number of people who misuse, abuse, or overdose from these powerful drugs.
-informing agencies, providers, and medical/professional organizations about evidence-based practices that can improve patient outcomes.



FORMULARY DESIGN



GROUP HEALTH

“YOU GET WHAT YOU PAY FOR”

Prescription Benefits Are Cost Based, Defined & Limited
Covered vs Non-Covered vs Tiered

WORKERS COMPENSATION

“MEDICALLY APPROPRIATE & CAUSALLY RELATED”

Prescription Benefits For All Regardless of Cost
Preferred Rx without Preauth vs Non-Preferred Rx with Preauth
Legislation Assures Increased Transparent Equal Benefits for All



Evidence Based Formularies



- Transparent listings of over 355 most commonly prescribed drugs in Workers Compensation in ODG
As of 3/1/19, over 168 Preferred drugs recommended as first line plus 187 Non-Preferred drugs (covering over 45,000 NDC Codes) requiring substantiation of medical necessity as a safeguard for injured workers
- Expedite Rx's for Injured Workers & Improved Outcomes
- Empower Medical Providers & Streamline Communications
- Expedite CASE SPECIFIC authorizations and medical reviews
- Decrease Transactional Processes, Friction & Costs for All
- Already integrated into most PBM & industry systems, processes and procedures nationwide, thereby minimizing implementation efforts and costs



PROVEN BENEFITS WITH Workers Compensation Drug Formulary

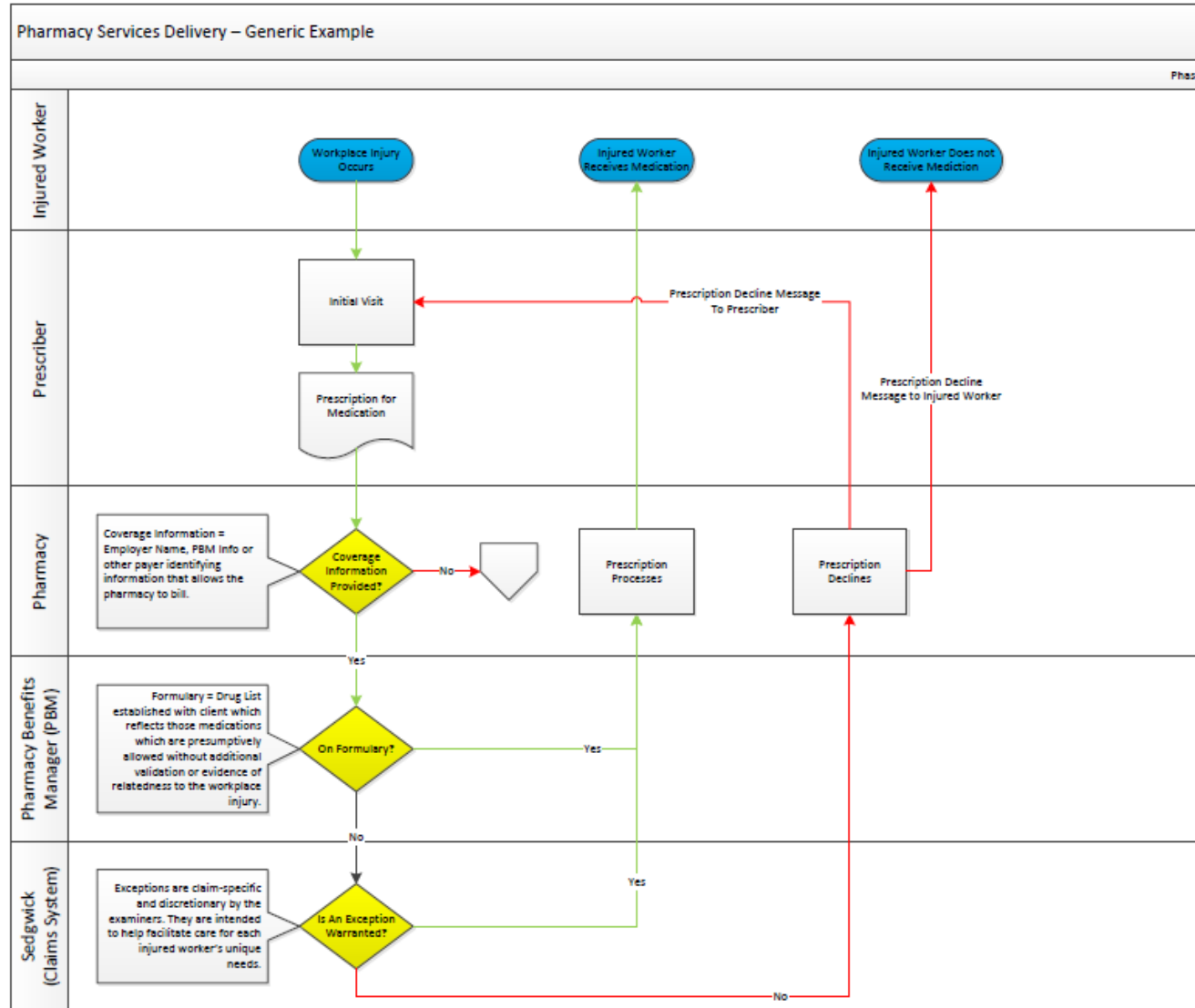


- “Preferred Drug List” does not preclude prescribing and dispensing of medically indicated medications not listed on the “Preferred Drug List”, but requires substantiation of need
- Decrease adversarial relationship with Patients, enabling Physicians to “Just Say No” when indicated without fear of backlash
- Documented positive life altering results in multiple states with improved outcomes, function and return to work
- Documented decreased use/abuse of opioids (and other high risk prescription medications) along with decreased prescription disputes and denials
- No cost to the State for posting of complementary “stakeholder use” Formulary drug list
- Measurable outcomes to document program results and benchmark adherence





Sedgwick Claims Management Services Inc.



<https://www.wcrinet.org/>

odg^{by}mcg

[f](#) [t](#) [G](#) [in](#) [✉](#) [Member Login](#) | [Cart \(0\)](#)



Keyword Search

[Search Guide](#)

[Home](#)

[Areas of Research](#)

[About](#)

[Membership](#)

[News & Events](#)



Workers' Compensation Prescription Drug Regulations: A National Inventory, 2018

[View Now](#)



https://www.ncci.com

odg^{by}mcg



Welcome Kenneth

[About Us](#) | [Careers](#) | [Contact Us](#) | [Learning Center](#) | [Log Out](#) | [My Profile](#) ▼

Data Reporting

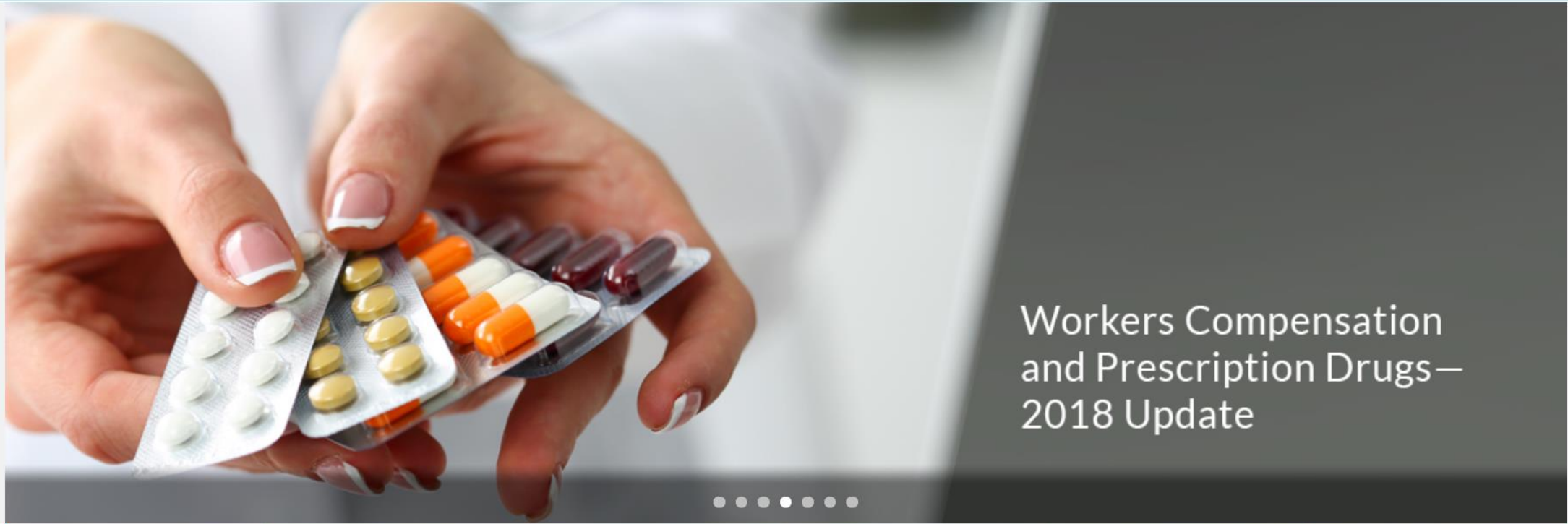
Industry Information

Residual Markets

Underwriting

Agents/Brokers

Insights



Workers Compensation
and Prescription Drugs—
2018 Update

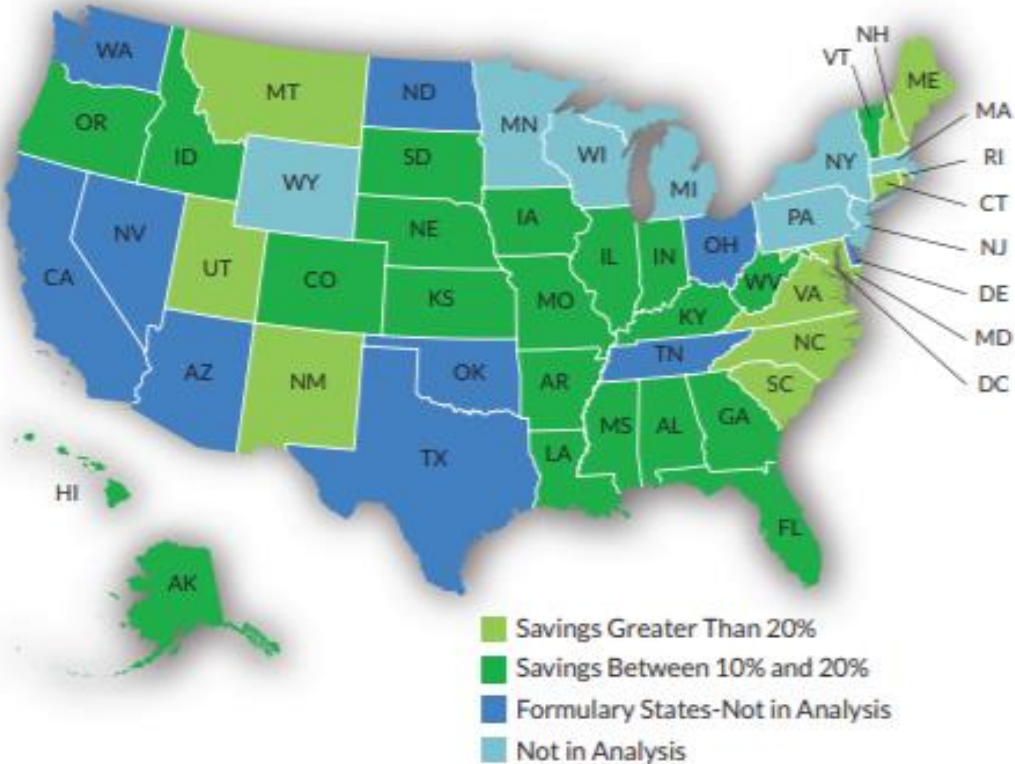


NCCI Research Workers Compensation and Prescription Drugs 2016 Update

(https://www.ncci.com/Articles/Documents/II_IR2016-Fall-Lipton-Colon.pdf)
https://www.ncci.com/Enterprise/Search/Pages/all_results.aspx?k=formulary



Exhibit 4 ODG Formulary Could Reduce WC Rx Costs by 10% or More
 Potential Rx Cost Savings From ODG Formulary



NCCI analysis, based on Medical Data Call, for prescription drugs with a National Drug Code provided in Service Year 2014. The Official Disability Guidelines (ODG) Drug Formulary is a product of the Work Loss Data Institute. Data used with permission. Formulary States—Not in Analysis are states with a formulary as of July 1, 2016.





IMPACT OF THE TEXAS PHARMACY CLOSED FORMULARY

Texas Department of Insurance
Workers' Compensation Research and Evaluation Group
July 2016

<https://www.tdi.texas.gov/reports/wcreg/documents/formulary16.pdf>



Texas Division of Insurance Results with ODG Workers Compensation Drug Formulary & Guidelines



<https://www.tdi.texas.gov/reports/wcreg/documents/formulary16.pdf>

- Medical Provider participation in treatment of Workers Compensation is at a record high in Texas with improved outcomes, positive response to the preferred drug list and reduced medical disputes.
- With engagement and support of the medical community and all stakeholders, the number of Non-Preferred prescriptions fell by 85% with improved prescribing of unnecessary higher risk medications including opioids.
- No Non-Preferred drugs are in the top 10 most-prescribed medications.
- The number of claims receiving non-preferred opioids with 90 morphine milligram equivalent doses per day decreased from almost 15,000 in 2009 to less than 500 in 2015, a 97% decrease.
- Opioid costs decreased from 27% of the total pharmacy costs in 2009 to 18% in 2015, reflecting decreased number of prescriptions written.
- The total opioid prescription costs for non-preferred drugs combined with those on the preferred list dropped from \$43.2 million in 2009 to \$18.5 million in 2015.



Complementary State Stakeholder Access

<https://www.odgbymcg.com/state-formulary>



Help & Training ▾ Login

odg by mcg

This feature is available in the subscription site

REFINE

Home Duration Treatment TAO Index **Formulary** Costs

Formulary Opioid MED Calculator Formulary Info Print

Drug Formulary

Any Drug Class ▾ Filter

Drug Class	Generic Name	Innovator brand	Note	Generic (GE)	Status
Opioids	Buprenorphine	Buprenex ®	Injection for detox	Yes	Y
Opioids	Buprenorphine	Bupren	SL tab for detox	Yes	Y
Opioids	Buprenorphine	Zubsolv	For detox	No	Y
Opioids	Buprenorphine/Naloxone SL tab	Bupren/Nalox	For detox	Yes	Y
Nonprescription analgesics	Acetaminophen	Tylenol ®		Y-OTC	Y
Asthma medications	Albuterol inhalation	Proventil ®/Ventolin ®	Not metered	Yes	Y
Asthma medications	Albuterol/Ipratropium	Combivent ®	Not metered	Yes	Y
Bisphosphonates	Alendronate	Fosamax ®		Yes	Y
Dopamine agonists	Amantadine	Symmetrel		Yes	Y
Antidepressants	Amitriptyline	Elavil ®	For mental disorders	Yes	Y
Antihypertensives	Amlodipine	Norvasc		Yes	Y
Anti-infectives	Amoxicillin	Amoxil		Yes	Y
Anti-infectives	Amoxicillin-Clavulanate	Augmentin		Yes	Y



Questions?

